

Project ?? Health and Safety Precautions

All trips to the project area must be pre-planned taking into account the route, road and weather conditions, availability of services such as gas stations, rest stops and accommodations.

Allow adequate time to make the trip without rushing. Be aware of fatigue and avoid traveling when fatigued. On long trips, drivers should take rest stops, get out of the vehicle and stretch or take a power nap when needed.

Ensure you have enough rest/sleep before starting the work and be sure you have fully charged communication device(s) (cellphone, Loner device, Sat phone).

In addition to all Axia safety policies, procedures and practices that must be followed in this project as outlined in Axia Health and Safety Program, make sure you take the following safety measures in regards of COVID-19 outbreak during this project.

1. Respecting Axia's COVID-19 required reporting procedure, make sure you report to your manager immediately if you experience any [COVID-19 symptoms](#).
2. As hotels are still mostly available in Alberta, arrange to book your room ASAP. Try to stay in bigger towns and more reputable hotels and if possible, stay in the same hotel for the whole project time. Ask about hotel sanitization protocols and available services when booking your room. Note that to reduce the exposure, room service might not be available during your stay. [Alberta Hotel and Lodging Association](#) and [Hotel Association of Canada](#) have issued cleaning and sanitization guidelines and procedures to reduce the spread of the virus in hotels. You can ask hotel management if they follow these guidelines.
3. Although hotels are instructed to clean high touch surfaces frequently with regular household cleaners, as a precautionary measure sanitize high touch surfaces like key cards, door handles/knobs, light switches, faucets, toilets, bedside tables, alarm clocks, TV remote, counters, fridge and coffee makers using available sanitizer.

Preferably use your own mug for drinking and do not drink from any of the glasses or ceramic mugs in the room before washing them with soap and water for at least 20 seconds. You just have no idea when they were washed or who touched them last.

4. Make sure to keep recommended 2m social distancing at the front desk and lobbies. Use your own pen if possible.
5. Every hotel has a responsibility to maintain an appropriate level of hygiene and are instructed to take more measures to clean the bedding sets (sheets, pillowcases etc.) but as an extra safety precaution you might consider bringing your own bedding sets or sleeping bag which you should then pack up in a separate plastic bag and launder immediately when you get home.
6. As usual each technician will use his own company provided truck for this project but if you have to share a vehicle, the industry general practice to keep social distancing is to ensure the driver and passenger are separated by seating the passenger in the back seat on the passenger side.
7. Although it is preferable for workers to use their company vehicle, if you need to rent a vehicle, clean all commonly touched surfaces with available sanitizer. Refer to item 8 for more details.
8. Sanitize highly and commonly touched surfaces in your vehicle which includes but not limited to the steering wheel, various radio controls, arm rests, dashboard, seat belt latches, charging cables, various push buttons/dial controls, seat adjustment, gear shift, steering column, hood release levers, brake release button, doors, handles, mirrors and the master switch. The seatbelt

straps should not be sprayed directly with cleaning and disinfecting products. Instead spray the paper towel and wipe down the seatbelt strap. Wash hands with soap and water or use alcohol-based hand sanitizer after this procedure.

Note that liquid sanitizers are about 80% alcohol which are very effective against the corona virus but are also highly flammable. If you use liquid sanitizer to wipe down your vehicle's door handles, steering wheel etc., don't spray directly on the vehicle interior, spray into the towel and wipe the parts down with the moistened towel. Be sure to have doors or windows open until it evaporates. Keep away from an open flame. Dispose of used towels to avoid evaporation and potential fire.

9. Because there have been some reports of gas station and convenience store closures in some parts of the province, there is a chance of fueling issues and restricted washroom access. We are looking into options for using washrooms at some gas stations that are being maintained for truck drivers and couriers. Other potential options include portable toilets.

UPDATE:

Shell Canada, Petro Canada and Esso provided response about fuel and washroom availability. They are trying to keep all their facilities open unless they have staffing or sanitation issues. If you find you are being prevented from entering a washroom, you should identify yourself as an essential service and you should be allowed to use the washrooms. In some cases, washrooms are closed because they don't have supplies such as toilet paper and paper towels and you could be allowed access by providing your own supplies. All the field techs have hand sanitizer and paper towels, but it would be wise to have your own toilet paper as well.

According to Alberta Government, public washrooms on the highways will be re-opened and there will be an increased police presence to discourage looting. Here again, you may need to ensure you have your own bathroom supplies.

The Alberta Motor Transport Association has provided a list of "Rest Area Info for Drivers" that is broken down into North, Central and South Alberta. This is a listing of rest areas and restaurant facilities that are open for use. They are also tracking what facilities offer bathrooms, take-out, walk up, drive-through and more and the web page is being constantly updated. See:

<https://amta.ca/news-events/covid-19-resources/rest-area-info-for-drivers/>

10. Try to prevent/limit your shopping from convenience or grocery stores as much as possible as it can increase your exposure. For buying your foods use drive through when possible. Always use your credit card and tap when possible.
11. As you may not know who the last person in the telecom shelter has been and when, it is the best practice to use nitrile gloves, wiping down touching surfaces and wash/sanitize your hands before getting to your vehicle. To clean electronic equipment you are working on, DO NOT spray sanitizer on them. Instead spray the paper towel and wipe the surface only.
12. Project contact list – See attached.

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